

# PROGRAMS OF STUDY

## ASSOCIATE OF TECHNICAL ARTS IN CHEMICAL DEPENDENCY STUDIES

This program of study provides core chemical dependency studies courses in the context of a Native American Studies curriculum for students interested in pursuing a career in chemical dependency counseling. Successful completion of this program, together with the required hours of supervised internship field experience, will qualify students to apply for Washington State Chemical Dependency Counselor Certification. Students need to consult with their advisor before selecting courses to coordinate coursework and field experience in preparation for certification.

### NORTHWEST INDIAN COLLEGE REQUIREMENTS

BIOL 104	Biology and Natural History of Place (meets NSL requirement)	5
CMPS 101	Introduction to Computers, or above	3
ENGL 236	Survey of Native American Literature	5
HIST 111	Pre-contact Native American History (meets SS requirement)	2
HIST 112	Post-contact Native American History (meets SS requirement)	3
HMDV 110	Introduction to Successful Learning	4
NASD 105A-C	Northwest Indian College Seminar (1 credit per quarter for 3 quarters)	3
NASD 110	Introduction to Native American Studies (meets SS requirement)	3
<b>TOTAL NORTHWEST INDIAN COLLEGE REQUIREMENTS</b>		<b>28</b>

### GENERAL EDUCATION REQUIREMENTS

ENGL 101	English Composition I	5
CMST 101 OR	Introduction to Oral Communication OR	4
CMST 210 OR	Interpersonal Communication OR	
CMST 220	Public Speaking	
MATH 190	Vocational Mathematics or Math 102 or above	5
<b>TOTAL GENERAL EDUCATION REQUIREMENTS</b>		<b>14</b>

### CORE CHEMICAL DEPENDENCY REQUIREMENTS

HUMS 120	Survey of Chemical Dependency	3
HUMS 130	Pharmacology of Substances	3
HUMS 160	Chemical Dependency Case Management	3
HUMS 170	Chemical Dependency Individual Counseling	3
HUMS 180	Youth Chemical Dependency and Counseling	3
HUMS 187	Airborne and Bloodborne Pathogens	1
HUMS 208	Law and Ethics in Chemical Dependency	5
HUMS 210	Group Facilitation	3
HUMS 223	Chemical Dependency Assessment and Treatment	3
HUMS 230	Chemical Dependency and the Family	3
HUMS 240	Multicultural Counseling	3
HUMS 275	Relapse Prevention	3
PSYC 101	General Psychology	5
PSYC 201	Developmental Psychology	5
PSYC 220	Abnormal Psychology	5
SOCI 110	Introduction to Sociology	5
<b>TOTAL CORE CHEMICAL DEPENDENCY REQUIREMENTS</b>		<b>56</b>

**TOTAL DEGREE REQUIREMENTS** **98**

CONTINUED ON FOLLOWING PAGE

# PROGRAMS OF STUDY

## ASSOCIATE OF TECHNICAL ARTS IN CHEMICAL DEPENDENCY STUDIES

### PROGRAM OUTCOMES

#### ASSESSMENT AND DIAGNOSTICS STUDENTS WILL BE ABLE TO:

- Create a multi-axial diagnosis of substance abuse, including co-occurring mental disorders using the DSM-IV.
- Administer screening and risk assessments.
- Administer a comprehensive assessment.

#### DOCUMENTATION: (MAINTAIN RECORDS IN ACCORDANCE WITH AAPS LICENSING REQUIREMENTS AND DEMONSTRATE PROFESSIONAL USE OF ACCEPTED DIAGNOSTIC CRITERIA FOR EVALUATION, PLACEMENT AND TREATMENT OF CLIENTS).

##### STUDENTS WILL BE ABLE TO:

- Write a DSM-IV multi-axial and screening analysis.
- Write a comprehensive treatment plan.
- Write clinical progress notes, clinical reports and discharge summaries.

#### TREATMENT PHILOSOPHY AND MODELS STUDENTS WILL BE ABLE TO:

- Compare and evaluate theories, treatment models, and dual diagnosis research of chemical dependence.
- Describe the actions of alcohol and drugs by general category, primary effect and withdrawal symptoms.
- Describe theories of addiction in relation to the progressive disease model, trauma, and family structure and roles.

#### TREATMENT METHODS STUDENTS WILL BE ABLE TO:

- Implement comprehensive treatment planning including orientation, education, relapse prevention, continuing care and discharge planning.
- Perform counseling for individuals and groups.
- Apply case management models to provide resources, consultation, and referral.

#### PROFESSIONAL AND ETHICAL RESPONSIBILITIES STUDENTS WILL BE ABLE TO:

- Describe how counselor confidentiality, conflict of interest, boundaries, and contagion impact all stages of assessment, documentation, and treatment.
- Apply ethical decision making congruent with the chemical dependency regulations and ethical codes as outlined in the WACS.
- Apply the basics of the Health Insurance Portability and Accountability Act (HIPPA) as it relates to chemical dependency.